



WEEKLY CLASS SCHEDULE
INMAN PARK

- X1: KICKBOXING, BOXING, YOGA, FAST TRACK
- X2: POWER TRACK, ADV. BOXING, MUAY THAI
- X3: BRAZILIAN JIU JITSU
- YOUTH

HOURS	9:00 AM - 2:00 PM 4:00PM - 8:00 PM	9:00 AM - 2:00 PM 4:00PM - 8:00 PM	9:00 AM - 2:00 PM 4:00PM - 8:00 PM	9:00 AM - 2:00 PM 4:00PM - 8:00 PM	9:00 AM - 2:00 PM 4:00PM - 8:00 PM	9:00 AM - 2:00 PM 4:00PM - 8:00 PM	9:00 AM - 2:00 PM	CLOSED
X1 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
10:00 AM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	
12:00 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	
5:00 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing		
6:30 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing				
12:00 PM	Boxing		Boxing		Boxing	Boxing		
5:00 PM	Boxing	Boxing	Boxing	Boxing	Boxing	Boxing		
6:30 PM	Boxing	Boxing	Boxing	Boxing				
10:00 AM							Fast Track	
12:00 PM	Fast Track	Fast Track	Fast Track	Fast Track	Fast Track	Fast Track	Fast Track	
5:00 PM	Fast Track	Fast Track	Fast Track	Fast Track	Fast Track	Fast Track		
6:30 PM	Fast Track	Fast Track	Fast Track	Fast Track				
X2 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
10:00 AM							Power Track	
12:00 PM	Power Track	Power Track	Power Track	Power Track	Power Track	Power Track		
6:30 PM	Power Track	Power Track	Power Track	Power Track	Power Track	Power Track		

COVID-19 Temporary Schedule | EFFECTIVE: 3/17/2020 | For more information, visit us at x3sports.com/schedules/ or call us at 678-903-0100 ext. 3. Please be sure to regularly check the website for the most up-to-date schedule during this time. Conditions are being regularly monitored and updates may occur.