



WEEKLY CLASS SCHEDULE

NORTH MARIETTA

X1: KICKBOXING, BOXING, YOGA, FAST TRACK

X2: POWER TRACK, ADV. BOXING, MUAY THAI

X3: BRAZILIAN JIU JITSU

YOUTH

HOURS	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM	CLOSED
X1 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
10:00 AM		Kickboxing		Kickboxing		Kickboxing		
12:00 PM	Kickboxing		Kickboxing		Kickboxing	Kickboxing		
5:00 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing			
6:00 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing			
10:00 AM	Boxing		Boxing		Boxing			
11:00 AM						Boxing		
12:00 PM		Boxing		Boxing				
5:00 PM	Boxing	Boxing	Boxing	Boxing				
6:00 PM	Boxing	Boxing	Boxing	Boxing	Boxing			
9:00 AM	Fast Track		Fast Track		Fast Track	Fast Track		
12:00 PM		Fast Track		Fast Track		Fast Track		
5:00 PM	Fast Track	Fast Track	Fast Track	Fast Track	Fast Track			

X2 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM		Power Track		Power Track			
10:00 AM						Power Track	
11:00 AM	Power Track		Power Track		Power Track		
6:00 PM	Power Track	Power Track	Power Track	Power Track	Power Track		
11:00 AM	Muay Thai		Muay Thai			Muay Thai	
6:00 PM	Muay Thai	Muay Thai	Muay Thai	Muay Thai			
7:00 PM	Adv. Boxing		Adv. Boxing	Adv. Boxing			

EFFECTIVE: 4/1/2021 | For more information, visit us at x3sports.com/schedules/ or call us at 678-903-0100 ext. 4.
Please be sure to regularly check the website or app for the most up-to-date schedule.

X3 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 PM	BJJ Fundamentals	BJJ Fundamentals	BJJ Fundamentals	BJJ Fundamentals	BJJ Fundamentals	BJJ Fundamentals	
7:00 PM	BJJ Fundamentals	BJJ Fundamentals	BJJ Fundamentals	BJJ Fundamentals			

YOUTH TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM						Youth BJJ	
12:00 PM						Youth Boxing	
5:00 PM	Youth Boxing	Youth BJJ	Youth Boxing	Youth BJJ			

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