



WEEKLY CLASS SCHEDULE

**NORTH MARIETTA**

**X1:** KICKBOXING, BOXING, YOGA, FAST TRACK

**X2:** POWER TRACK, ADV. BOXING, MUAY THAI

**X3:** BRAZILIAN JIU JITSU

**YOUTH**

HOURS	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 8:00 PM	9:00 AM - 1:00 PM 4:00PM - 7:00 PM	9:00 AM - 1:00 PM	CLOSED
X1 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM						Kickboxing	
12:00 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	
5:00 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing		
6:00 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing		
11:00 AM	Boxing	Boxing	Boxing	Boxing	Boxing		
12:00 PM						Boxing	
5:00 PM	Boxing	Boxing	Boxing	Boxing			
6:00 PM	Boxing	Boxing	Boxing	Boxing	Boxing		
10:00 AM	Fast Track		Fast Track		Fast Track	Fast Track	
12:00 PM		Fast Track		Fast Track			
5:00 PM	Fast Track	Fast Track	Fast Track	Fast Track	Fast Track		

X2 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM		Power Track		Power Track			
12:00 PM	Power Track		Power Track		Power Track	Power Track	
6:00 PM	Power Track	Power Track	Power Track	Power Track	Power Track		
11:00 AM	Muay Thai		Muay Thai		Muay Thai	Muay Thai	
6:00 PM	Muay Thai	Muay Thai	Muay Thai	Muay Thai			
7:00 PM	Adv. Boxing		Adv. Boxing				

EFFECTIVE: 07/05/2022 | For more information, visit us at [x3sports.com/schedules/](http://x3sports.com/schedules/) or call us at 678-903-0100 ext. 4.  
Please be sure to regularly check the website or app for the most up-to-date schedule.

X3 TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 PM	BJJ Fundamentals	BJJ No Gi	BJJ Fundamentals	BJJ No Gi	BJJ Fundamentals	BJJ Fundamentals	
7:00 PM	BJJ Fundamentals	BJJ No Gi	BJJ Fundamentals	BJJ No Gi			

YOUTH TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM						Youth BJJ	
11:00 AM						Youth Boxing	
5:00 PM	Youth Boxing	Youth BJJ	Youth Boxing	Youth BJJ			

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