



WEEKLY CLASS SCHEDULE

CANTON

HOURS	9:00 AM - 8:00 PM	9:00 AM - 8:00 PM	9:00 AM - 8:00 PM	9:00 AM - 8:00 PM	9:00 AM - 7:00 PM	9:00 AM - 1:00 PM	CLOSED
STRIKING TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11:00 AM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing		
12:00 PM						Kickboxing	
5:30 PM	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing		
10:00 AM	Boxing (CONTACT)	Boxing (FITBOX)	Boxing (CONTACT)	Boxing (FITBOX)	Boxing (CONTACT)		
11:00 AM						Boxing (ALL LEVELS)	
6:30 PM	Boxing (FITBOX)	Boxing (CONTACT)	Boxing (FITBOX)	Boxing (CONTACT)	Boxing (FITBOX)		
10:00 AM						Muay Thai	
11:00 AM		Muay Thai		Muay Thai			
6:00 PM	Muay Thai	Muay Thai	Muay Thai	Muay Thai			
BJJ TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 PM	BJJ (ALL BELTS)	BJJ (NO GI)	BJJ (ALL BELTS)	BJJ (NO GI)	BJJ (ALL BELTS)	BJJ (ALL BELTS)	
7:00 PM	BJJ (ALL BELTS)	BJJ (NO GI)	BJJ (ALL BELTS)	BJJ (NO GI)			
YOUTH TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM						Youth Boxing (ALL AGES)	
11:00 AM						Youth BJJ (ALL AGES)	
5:00 PM	Youth Boxing (ALL AGES)	Youth BJJ (ALL AGES)	Youth Boxing (ALL AGES)	Youth BJJ (ALL AGES)			

EFFECTIVE: 07/01/2025 | For more information, visit us at x3sports.com/schedules/ or call us at 678-903-0100 ext. 1600 or follow the caller menu.
Please be sure to regularly check the website or app for the most up-to-date schedule.